Mr. Speaker, I rise today to recognize Human Rights Day.

Today, people around the world recognize the human rights violations that continue to occur in so many countries like Vietnam and China. It is also a day where we honor the men and women who sacrifice their freedom in order to fight for human rights.

At this moment, there are three individuals imprisoned in Vietnam for exercising their rights of free speech and expression: Tran Khai Thanh Thuy, Le Thi Cong Nhan and Pham Thanh Nghien are three women democracy activists who have been denied their basic human rights by their own government, Vietnam.

The people of America enjoy the freedom to speak and worship freely, but it is important for us to remember those who do not have the same freedoms as we do. So, today, let's remember all those freedom fighters and let's work together in the coming year to ensure that people like these three women are allowed to express themselves.